



# Floral Park Art League

## NEWSLETTER

March 2011

### Sponsor



**MARCH DEMO -  
Jonathan  
Sherman...Pg. 1**

**FEBRUARY  
DEMO -  
Shelli Ardizone  
CALANDER OF  
EVENTS  
DIRECTIONS  
.....Pg. 2**

**NEWS OF  
NOTE.  
.....Pg. 3**

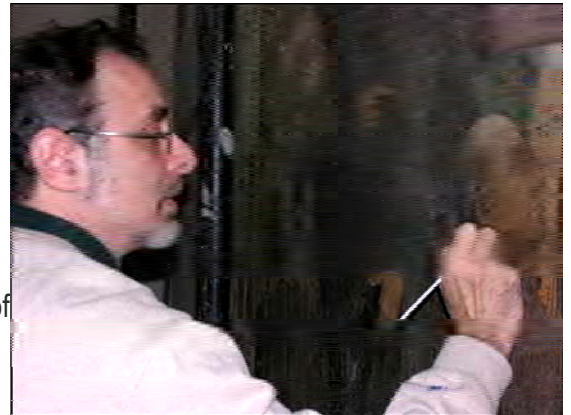
**THE SUBLIME  
GIFT.....Pg. 4**

**APPLICATION  
FOR JURIED  
COMPETITION  
and SPRING  
SHOW and  
SALE.....Attached**

## April 4th Demo - Jonathan Sherman - Paint Conservator

We are pleased to have as our guest Jonathan Sherman for our April demo. Jonathan is an expert on restoration as well as substances to be used in preparing, maintaining, and finishing various art works.

Art Conservation encompasses the repair, restoration and preservation of works of art. The professional conservator uses materials and methods which provide for the long-term duration of the treatment, as well as, the important ability to undo any part of the treatment without damaging the original object (reversibility). The preservation



and integrity of the original object is always paramount. The goal is not to make something look new but rather to make something look its' age but well preserved. Sherman Art Conservation specifically specializes in the conservation of paintings. Treatments are performed on paintings and murals of all types and the many services offered include cleaning, canvas repairs and reintegration of missing areas (retouching).

Jonathan Sherman received his training in Art Conservation in Florence, Italy receiving a Masters Degree from Dominican University with a specialization in Art Conservation. He served internships with the Williamstown Regional Art Conservation Center, as well as, the Springfield Museum of Art. Sherman Art Conservation was opened in 1982 in Glen Cove before moving to its present location in 1990. Work is performed in all aspects of Painting Conservation on a wide variety of paintings from Old Master to Contemporary for numerous clients throughout Nassau, Suffolk and New York City. In addition, to studio work on easel paintings, Jonathan Sherman has worked on the conservation of numerous murals onsite and has served as a consultant on the restoration of historic interiors including murals and decorative painting. Jonathan Sherman has taught courses in Art Conservation Theory at Adelphi University and at C.W.Post Continuing Education.



Woman With Parrot (detail) Eugene Lotiquet 1870  
before and after cleaning

## February Demo - Shelli Ardizzone



Shelli Ardizzone graced us at our February meeting. She was light and entertaining. We welcomed some of her fellow artists who have attended her workshops in the past and have a strong appreciation of her as a person and as an artist.

She started with displaying some of her portrait studies. In most of these portraits she explained that she was more interested in getting at the essence of the person. She felt that most people's features are so unique that she chooses to capitalize on the individualism of the person she is painting. She also mentioned that the older a person, the more unique and carved are their features.

Nancy Fabrizio was chosen as the subject of the evening's demo. She explained how important it is for the artist to constantly look and search for the uniqueness of the subject. She immediately started outlining roughly with brush and oil. She moved quickly and proceeded searching for unique characteristics, and we began to see resemblances.

After about an hour of demo, we broke for Pat Lee's delicious chocolate chip cookies accompanied with coffee and tea.

After the break we continued with the demo as Shelli proceeded to work on the painting. A unique statement that she made was that there are no finished paintings, only abandoned ones. How true!

After the demo was completed the members chatted with the artist and gleaned from her ideas and inspiration from her many years as an artist.

She is "pure artist" and her demo and comments displayed her love for the art.



## Calendar of the FPAL - April 2011 - June 2011

- |  |   |
|--|---|
| April 4 <sup>th</sup>                    | <b>Meeting &amp; Demo</b> - Jonathan Sherman - "Preserving Your Art"<br>An expert on restoration as well as substances to be used in preparing, maintaining, and finishing various art works.<br>American Legion Hall, 15 Elizabeth St., Floral Park – 7:30 |
| May 2 <sup>nd</sup>                      | <b>Juried Competition</b><br>American Legion Hall, 15 Elizabeth St., Floral Park – 7:30   |
| June 11 <sup>th</sup> & 12 <sup>th</sup> | <b>Annual Spring Show &amp; Sale</b> – 10 AM – 4 PM<br>Memorial Park, Corner of Tulip & Plainfield Ave., Floral Park  |

### Detailed directions to the American Legion Hall from the Cross Island Parkway

**From Cross Island Parkway** - Exit Jamaica Ave., Jericho Tpke., East. Make a right onto 25 (Jericho Tpke). Go approximately 1 mile to **S Tyson Ave.** Make a right and go 2 blocks to **Elizabeth Ave.**, make a left. The American Legion Hall is a white building, #15, directly across from the John Lewis Childs Elementary School's main entrance. Remember, we will gather for the demo at 7:30. Friends and interested persons are also invited. Refreshments will be served.



We are grateful  
to the New York  
Racing  
Association  
for sponsoring  
our Fall  
and Spring  
Shows

## News of Note

Please keep in mind our **Juried Competition** on May 2nd at the American Legion Hall on Elizabeth Ave. in **Floral Park**, and our **Spring Show and Sale** on June 11th and 12th, which again will be on the weekend of the Belmont Stakes at Memorial Park and will again be sponsored by the New York Racing Association.

Applications for both of these events are included in this newsletter as an attachment.

The **Floral Park Library's** director Tracey Simon has offered space to display art works of artists from the Floral Park Art League. Rather than have one person display art work in a particular month we have nine artists displaying their work at the library from March 15th to April 15th. The artists displaying their work are Helen Coyle, George Christ, Pat DiComo, Nancy Fabrizio, Arlene Fiorella, Pat Lee, Robert Rouge, Eileen Stattel, and Don Zwerling. Each artist was asked to display two works. If you get a chance to stop by, you'll be impressed with the set-up.

We are not sure whether there will be another exhibit at a later date, but we will pass this information on to you. If you are interested in any other display opportunities, please call me (Eileen Stattel at 516 352-7327 or e-mail me at e.stattel@hotmail.com) . Sincere thanks to Robert Rouge for contacting the library and making this possible.



Robert Rouge & Tracey Simon

**JURIED COMPETITION** - will be held on May 2nd in the American Legion Hall in Floral Park. We are happy to announce that the judges for the competition will be Mary Jo Anzel (Demo Sept. '08) and Mary Ann Henzen (Demo. April, '10). Both are fine artists, well respected in the field.

**OPPORTUNITIES FOR ARTISTS** - If you know of any opportunities for classes for artists or opportunities for sales, please pass that information on so that we can make our membership aware of them. We'd appreciate if you could call me (Eileen Stattel) at 516 352-7327 or e-mail me at e.stattel@hotmail.com so I could include that information in the newsletter..



Hope you had a happy St. Patrick's Day and enjoyed the Irish soda bread and corned beef. **HAPPY SPRING!**

Hope you can join us on April 4th - you can be assured of good company and a great demo and those chocolate chip cookies.



### FPAL Officers

President:	Robert Rouge	516 328-8160.	Vice President	Cliff Forziat	516 354-0179
Treasurer:	Lillian Forziat	516 354-0179	Program Coordinator		
Secretary	Eileen Stattel	516 352-7327	Hostesses'	Dorothy Webster	516 239-3202
Show Chr.	Pat DiComo	516 775-0553		Patricia Lee	718-847-7987

## The Sublime Gift

With my weakness for studying creative people, asking trick questions, and listening to dreams and rants, I've decided that some artists are blessed with a sublime gift. It's not of talent (that's another issue) but of attitude. Further, I don't think many, if any, are born with the attitude I'm talking about. I think some simply adopt it, often by trial and error.

To set the record straight, I've met lots of people who don't have the sublime gift at all and yet are highly realized and happy. You don't have to have the sublime gift to succeed, but it helps.

My sublimely gifted person shows a steady, workmanlike curiosity for the uncovering of his or her self-anointed processes. While the outward appearance may be a simple case of smug self-satisfaction, a closer look reveals simple task absorption tempered with the humility that comes with studenthood. Many, I was surprised to find, show an innate understanding of the methodology behind the practice of meditation.

Indeed, meditation is now being revalued as one of the great tools for clearing the mind for higher purposes and actions. Have you ever heard of "MBSR"? It means "Mindfulness Based Stress Reduction" and is currently enjoying a growing number of enthusiasts. According to recent research, this sort of meditation actually changes gray-matter density, setting it up for action in the "here and now" rather than in the historical past or the fantasized future. When worry dissipates, action begins. Lower stress means higher creativity. My sublimely gifted individual moves in a world of individualized, progressive exploration, divinely unimpressed by falling roof-beams.

And while my sublimely gifted whiz-bang may be capable of multi-tasking, he's also a "one thing at a time" kind of guy. Perhaps it's the sensitively laid-back meditative state, whether from Buddhist teachings or plucked from the rich storehouse of need, that gives steadiness and accomplishment to an otherwise sky-falling life.

Task absorption and focus result in refreshed habits of perception. In my findings, limited and anecdotal though they may be, pretty well every winner in pretty well every field turns out to be what is known as a "good study." That quality, perhaps more than any other, brings on the sublimely gifted life.

"Mindfulness meditation helps to reduce stress by providing insight. It's often our habits of perception and attitude rather than the circumstances themselves." (Lucinda Sykes, Toronto physician and MBSR course leader)

**Esoteric:** "Task saturation" is a term used in the airline industry. It's where a pilot (and often the co-pilot) suddenly has too many things going on and finds it difficult to make wise decisions. Sadly, it's frequently mentioned as a cause in crashes. Pressure interferes with the ability to prioritize. Funnily, "too many things going on" is also a condition of the creative and inventive. It's a wise artist who learns to manage her/his own pressures.

*With permission of Robert Genn*



Hope you had a happy St. Patrick's Day and enjoyed that Irish Soda Bread. Hope you join us on April 4th - you can be assured of good company and a great demo.



### FPAL Officers

President:	Robert Rouge	516 328-8160.	Vice President	Cliff Forziat	516 354-0179
Treasurer:	Lillian Forziat	516 354-0179	Program Coordinator		
Secretary	Eileen Stattel	516 352-7327	Hostesses'	Dorothy Webster	516 239-3202
Show Chr.	Pat DiComo	516 775-0553		Patricia Lee	718-847-7987